

INTERNATIONAL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-7 August 2015				
Beef Lasagna	Burritos	Pizza	Indian Food	Pasta Day
Vegetarian Lasagna	Salsa	Green Salad	Chicken Curry	Green Salad
Green Salad	Guacamole	Fruits	Chapati	Fruits
Fruits	Green Salad		Vegetarian Curry	
	Spicy Beef		Spicy Bean Curry	
			Sentil	
10-14 August 2015				
Pork Ribs	Beef Rendang	Pizza Day	Mashed Potatoes	Pasta Day
Grilled Vegetable	Chicken Curry	Green Salad	Chicken Steak	Green Salad
Grilled Tempe	Vegetarian Curry	Fruits	Vegetarian Steak	Fruit
Potato Chips	Potato Fritter		Grilled Vegetable	
Green Salad	Brown Rice		Green Salad	
Fruits	Green Chilli Sambal		Fruits	
	Green Salad			
	Fruits			
17-21 August 2015				
Sushi	Beef Burger	Pizza Day	Indian Food	Pasta Day
Green Salad	Potato Chips	Green Salad	Chapati	Green Salad
Fruits	Vegetarian Burger	Fruits	Shredded Cabbage	Fruits
	Green Salad		Samosa	
	Fruits			
24-28 August 2015				
Crispy Chicken	Bánh mì Sandwich	Pizza Day	Tacos Chips	Pasta Day
Crispy Vegetable	Tomato Soup	Green Salad	Guacamole	Green Salad
Brown Rice	Vegetarian Sandwich	Fruits	Tomato Salsa	Fruits
Steamed Vegetable	Green Salad		Green Salad	
Green Salad			Spicy Beef	
Fruits			Red Bean Chilli	
			Green Salad	
			Fruits	

INDONESIAN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-7 August 2015				
Brown Rice	Brown Rice	Brown Rice	Brown Rice	Brown Rice
Fried Chicken	Tomato Sauce Tuna	Gecok Chicken	Sweet Sauce Pork	Chicken Soup
Cap Cay Veggie	Green Veggie	Organic Veggie	Organic Veggie	Crackers
Fried Tempe	Corn Fritter	Sweet Sauce Tempe	Sweet Sauce Tofu	Sambal
Sambal	Crackers	Crackers	Crackers	Fruits
Crackers	Sambal	Sambal	Sambal	
Fruits	Fruits	Fruits	Fruits	
10-14 August 2015				
Brown Rice	Brown Rice	Brown Rice	Brown Rice	Brown Rice
Plecing Veggie	BBQ Chicken	Fried Anchovy	Pork Soup	Sit Sit Chicken
Fried Fish	Organic Veggie	Fried Mushroom	Organic Veggie	Sambal Matah
Fried Tempe	BBQ Tempe	Organic Veggie	Crackers	Organic Veggie
Sambal	Sambal	Sambal	Sambal	Crackers
Crackers	Crackers	Crackers	Fruits	Sambal
Fruits	Fruits	Fruits		Fruits
17-21 August 2015				

Brown Rice	Brown Rice	Brown Rice	Brown Rice	Brown Rice
Tomato Sauce Tuna	Chicken Soup	Fried Chicken	Sweet Sauce Pork	Fried Anchovy
Fried Tempe	Fried Tempe	Plecing Veggie	Fried Noodle	Fried Liver Sambal
Green Veggie	Fried Tempe	Sweet Sauce Tempe	Corn Fritter	Organic Veggie
Crackers	Sambal	Sambal	Sambal	Fruits
Sambal	Fruits	Crackers	Fruits	
Fruits		Fruits		

24-28 August 2015

Brown Rice	Brown Rice	Brown Rice	Brown Rice	Brown Rice
Meatball	Fried Tuna	BBQ Chicken	Cap Cay Veggie	Serombotan Veggie
Fried Tempe	Organic Veggie	Plecing Veggie	Fried Fish	Sit Sit Chicken
Crackers	Corn Fritter	Sweet Sauce Tempe	Fried Tempe	Sweet Spicy Tempe
Sambal	Crackers	Crackers	Crackers	Sambal
Fruits	Sambal	Sambal	Tomato Sambal	Crackers
	Fruits	Fruits		